## Restorative Nursing Program: Circles of Learning

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## Who?

The nursing and therapy team at Legend Oaks East Houston embraced our PASSION FOR LEARNING and created circles of learning. Nursing staff, therapists, and two PT students from the University of St. Augustine worked together to promote the health and safety of our residents.

## What?

Our circles of learning were inspired by opportunities to encourage our therapy students to learn more about the restorative nursing program. The students then applied their skills to help train the restorative nurse aides in collaboration with the supervising nurses. The students and the restorative nurse aides were able to practice and model safe techniques. The restorative nurse aides were able to share the real life daily joys and challenges so that the students could better appreciate the value of the program and the staff.

## What was the benefit?

- Direct resident care was supported by staff who felt more confident in their skills.
- The restorative nurse aides were able to receive 1:1 training and ask for help individualized help.
- The therapy students were able share their knowledge, adapt their coaching styles, and begin their career long role as educators and trainers.
- The nursing staff were able to share their knowledge and skills to provide an arena for the training and further the collaboration of nursing and therapy.
- The training supported both the staff and residents safety and health.



Therapy Students

Therapy Team



